

SOUTHS
you're welcome

BISTRO MENU



GREAT FOOD. GOOD TIMES.

SOUTHS BISTRO

— INFORMATION —

DIETARY GUIDE

(GF) GLUTEN FREE

(V) VEGETARIAN

(I) IMPORTED SEAFOOD

(A) AUSTRALIAN SEAFOOD

FOOD ALLERGIES & DIETARY REQUESTS

Souths Leagues Club is committed to accommodating dietary requirements wherever possible.

Please note that our kitchen handles gluten, nuts, seafood, sesame, shellfish, eggs, dairy and other allergens. Whilst every effort is made to minimise cross-contamination, we cannot guarantee that any meal is completely allergen-free.

If you have a food allergy or dietary requirement, please speak with our team before placing your order.

LOVE YOUR EXPERIENCE?

We'd love to hear from you.



Scan the QR code or search **Souths Mackay** to leave us a Google review.

BECOME A MEMBER & SAVE

Not a member of Souths?

Join today at Reception or at the Bistro Till and save instantly on food, drinks and more.

SAVE MORE.
ENJOY MORE.

THANK YOU FOR DINING WITH US

ENTREE

	MEMBER	VISITOR
GARLIC BAGUETTE (V) Baguette spread with garlic butter and oven-baked	\$8.50	\$9.45
PAPRIKA AND LIME PUMPKIN THINS (V) (GF) Thinly sliced pumpkin coated in paprika and lime, oven-roasted and served with garlic aioli	\$12.00	\$13.35
CHEESE AND BACON BAGUETTE Garlic baguette topped with grated cheese, diced bacon and oven-baked	\$12.50	\$13.90
BRUSCHETTA BAGUETTE (V) Oven-baked garlic baguette topped with fresh tomato, diced onion, garlic, olive oil and crumbled fetta cheese	\$12.50	\$13.90
THREE CHEESE CROQUETTE (V) (GF) Mozzarella, blue vein and parmesan cheeses, coated in potato flakes and fried, served with tomato relish	\$18.00	\$20.00
LIME AND PEPPER CALAMARI (GF) (I) Calamari strips coated with polenta, cornflour, lime, salt and pepper, served with aioli dipping sauce	\$18.00	\$20.00
CHILLI, CHEESE AND BACON CHICKEN TENDERS Crumbed chicken tenders topped with cheese and diced bacon, drizzled with sweet chilli sauce and oven-baked	\$20.00	\$22.20
BEEF AND ONION FILO Braised beef and onion rolled in filo pastry, baked, served with a small salad	\$22.00	\$24.45
BBQ PORK SLIDERS 3 x Milk buns filled with BBQ pork belly, cheese and fried onion rings	\$24.00	\$26.65



Chilli, cheese and bacon chicken tenders



BBQ pork sliders



Paprika and lime pumpkin ribs



Three cheese croquette



Chilli, cheese and bacon chicken tender

SALADS

MEMBER

VISITOR

CAESAR SALAD

Cos lettuce, bacon, parmesan cheese, boiled egg, croutons, caesar dressing

\$21.00

\$23.35

AVOCADO AND FETTA SALAD (V) (GF)

Cos lettuce, avocado, fetta, red onion, tomato, and honey mustard dressing

\$21.00

\$23.35

MANGO AND COCONUT SALAD (V) (GF)

Lettuce, tomato wedges, red onion, grated carrot, cucumber, dried mango, pineapple pieces and coconut chips tossed with a honey mustard dressing

\$22.00

\$24.45

CRISPY NOODLE BEEF SALAD (GF)

Lettuce, tomato wedges, red onion, grated carrot, cucumber, crispy noodles tossed with a sweet chilli dressing and finished with grilled shaved beef

\$24.00

\$26.65

EXTRAS

AVOCADO (V) (GF)

\$4.00

\$4.45

2 X FRIED EGGS (GF)

\$4.00

\$4.35

GRILLED CHICKEN (GF)

\$10.00

\$11.10

8 X GRILLED GARLIC PRAWNS (I) (GF)

\$14.00

\$15.55

SAUTEED BEEF STRIPS (GF)

\$14.00

\$15.55



Mango and Coconut Salad

PASTA

BEEF BOLOGNESE

Linguini, minced beef simmered in a rich tomato sauce, garlic and italian herbs, topped with parmesan cheese

MEMBER

VISITOR

\$22.00

\$24.45

PUMPKIN AND SPINACH LINGUINI

Diced pumpkin, sliced onion, diced tomato, sliced mushrooms, spinach and garlic sauteed in olive oil, topped with parmesan cheese

\$24.00

\$26.65

BOSCAIOLA LINGUINI

Bacon, garlic, diced tomato, onion, sauteed mushrooms finished with white wine and cream, topped with parmesan cheese

\$26.00

\$28.90

SEAFOOD LINGUINI (I)

Fish, calamari, prawns, mussels, pan fried with garlic and chilli, deglazed with white wine and completed with a napoli sauce, topped with parmesan cheese

\$36.00

\$40.00

SANDWICHES

STEAK SANDWICH

Toasted thick cut bread with grilled rib fillet steak, caramelised onion, lettuce, tomato, cucumber, beetroot, carrot, cheese and BBQ sauce, served with chips

\$26.00

\$28.90

CHICKEN AND AVOCADO SANDWICH

Toasted thick cut bread filled with grilled chicken breast, avocado, lettuce, tomato, cucumber, beetroot, carrot and bearnaise sauce, served with chips

\$26.00

\$28.90



Chicken and Avocado Sandwich

MAINS

MEMBER

VISITOR

HOUSE-MADE CRUMBED ZUCCHINI (V)

Served with your choice of 2 x sides and 1 x sauce

\$20.00

\$22.20

HOUSE-MADE CRUMBED CHICKEN BREAST

Served with your choice of 2 x sides and 1 x sauce

\$24.00

\$26.65

HOUSE-MADE CRUMBED STEAK

Served with your choice of 2 x sides and 1 x sauce

\$26.00

\$28.90

TRADITIONAL ROAST OF THE DAY (GF)

Served with baked & steamed vegetables and your choice of sauce

\$26.00

\$28.90

GRILLED CHICKEN AND AVOCADO

Marinated boneless chicken breast grilled to perfection topped with avocado and bernaise sauce, served with your choice of 2 x sides

\$28.00

\$31.10

COCONUT CURRY LAMB SHANK

Served with steamed vegetables

\$30.00

\$33.35

HOUSE-MADE CRUMBED BARRAMUNDI (I)

Served with lemon and tartare sauce and your choice of 2 x sides

\$28.00

\$31.10

HOUSE-MADE BATTERED BARRAMUNDI (I)

Served with lemon and tartare sauce and your choice of 2 x sides

\$30.00

\$33.35

GRILLED BARRAMUNDI (A) (GF)

Served with lemon and tartare sauce and your choice of 2 x sides

\$34.00

\$37.80

GARLIC PRAWNS (I)

Prawns simmered in a creamy garlic sauce, served with steamed rice, lemon wedges and shallots. Includes 1x side of your choice

\$34.00

\$37.80

CHILLI PRAWNS (I)

Prawns simmered in a creamy chilli sauce, served with steamed rice, lemon wedges and shallots. Includes 1x side of your choice

\$34.00

\$37.80

SCALLOP & CHORIZO RISOTTO (I)

Pan-seared scallops and chorizo with garlic, onion, tomato and chilli risotto, topped with parmesan cheese

\$38.00

\$42.20



GRILL

MEMBER

VISITOR

200G RUMP (GF)

Served with your choice of 2 x sides and 1 x sauce

\$32.00

\$35.55

400G RUMP (GF)

Served with your choice of 2 x sides and 1 x sauce

\$44.00

\$48.90

300G SIRLOIN (GF)

Served with your choice of 2 x sides and 1 x sauce

\$40.00

\$44.45

SMOKEY BBQ PORK RIBS > HALF RACK (GF)

Served with your choice of 2 x sides and 1 x sauce

\$34.00

\$37.80

SMOKEY BBQ PORK RIBS > FULL RACK (GF)

Served with your choice of 2 x sides and 1 x sauce

\$48.00

\$53.35

TOPPERS

CARAMELISED ONION

\$3.00

\$3.35

2 X FRIED EGGS (GF)

\$4.00

\$4.45

AVOCADO (V) (GF)

\$4.00

\$4.45

8 X GRILLED GARLIC PRAWNS (GF) (I)

\$14.00

\$15.55

EXTRA SIDES

BREAD ROLLS

\$0.75

\$0.85

STEAMED RICE

\$4.00

\$4.45

CHIPS (V)

\$5.00

\$5.55

GARDEN SALAD (V) (GF)

\$6.00

\$6.65

CAESER SALAD

\$6.00

\$6.65

MASHED POTATO (V) (GF)

\$8.00

\$8.90

STEAMED VEGETABLES (V) (GF)

\$8.00

\$8.90

ROASTED VEGETABLES (V) (GF)

\$8.00

\$8.90

PARMILICIOUS

MEMBER

VISITOR

YOUR CHOICE OF CRUMBED CHICKEN OR CRUMBED STEAK INCLUDES TWO SIDES

TRADITIONAL

Napoli sauce, bacon and cheese

\$30.00

\$33.35

STING

White garlic sauce, spinach, red onion, chilli and cheese

\$31.00

\$34.45

HAWAIIAN

Napoli sauce, bacon, pineapple and cheese

\$32.00

\$35.55

PUMPKIN

White garlic sauce, spinach, caramelised onion, pumpkin cubes, cheese and fetta cheese

\$32.00

\$35.55

AVOCADO

White garlic sauce, avocado, spinach, cheese, red onion

\$33.00

\$36.65

RASHER BASHER

Napoli sauce, beef strips, bacon, pepperoni, bolognese and cheese

\$34.00

\$37.80

AUSSIE

Smokey BBQ sauce, bacon, caramelised onion, cheese and fried egg

\$34.00

\$37.80

TEXAN

Smokey BBQ sauce, pulled pork, bacon, chilli, cheese and fried onion rings

\$36.00

\$40.00

TROPICAL PRAWNS (I)

White garlic sauce, prawns, sliced dried mango, coconut chips and cheese

\$37.00

\$41.10

SEAFOOD (I)

White garlic sauce, prawns, fish pieces, calamari, mussels, cheese and shallots

\$37.00

\$41.10



Texas Pami

KIDS

12 YEARS & UNDER

MEMBER

VISITOR

ALL SERVED WITH KIDS POST-MIX, SOFT SERVE ICE CREAM & ACTIVITY PACK

CRUMBED STEAK AND CHIPS	\$14.00	\$15.55
CRUMBED CHICKEN AND CHIPS	\$14.00	\$15.55
CRUMBED FISH AND CHIPS	\$14.00	\$15.55
SPAGHETTI BOLOGNESE	\$14.00	\$15.55
CHEESE PIZZA AND CHIPS	\$14.00	\$15.55
MINI HOT DOGS AND CHIPS	\$14.00	\$15.55
GRILLED CHICKEN WITH MASH (GF)	\$14.00	\$15.55
GRILLED FISH WITH MASH (GF) (I)	\$14.00	\$15.55
GRILLED STEAK WITH MASH (GF)	\$14.00	\$15.55

ALTERNATIVE SIDES AVAILABLE ON REQUEST

EXTRA SAUCES

GRAVY (GF)	\$2.50	\$2.80
PEPPER (GF)	\$2.50	\$2.80
MUSHROOM (GF)	\$2.50	\$2.80
DIANE (GF)	\$2.50	\$2.80
CREAMY GARLIC (GF)	\$2.50	\$2.80
HOT CHILLI (GF)	\$2.50	\$2.80
TOMATO (GF)	\$2.50	\$2.80
BEARNAISE (GF)	\$2.50	\$2.80
GARLIC AIOLI (GF)	\$2.50	\$2.80
BBQ (GF)	\$2.50	\$2.80



Pumpkin and spinach linguini



Seafood linguini



Mango and coconut salad

SOUTHS
you're welcome