



SOUTHS SUBURBAN MENU

OPEN TUESDAY- SUNDAY
12 PM - 2 PM | 5.30 PM - 8.30 PM

39 WARDROP STREET
WEST MACKAY QLD 4740

ENTREES

	M	V
JALAPENO FILO POPPERS (V) Sweet jalapenos and cheese mix, rolled in filo pastry then golden fried	18	20
VEGE SPRING ROLLS (V) Served with Sweet Chilli Sauce	18	20
CHILLI CON CARNE (GF) Chilli con carne beef mince topped with cheese. Served on a bed of corn chips with sour cream and guacamole	18	20
LIME AND PEPPER CALAMARI (GF) Squid strips dusted in a lime and pepper flour mix accompanied with a chilli jam and lemon wedges	19	21.10
MINI CHICKEN MIGNON (GF) Chicken pieces wrapped in maple bacon and grilled. Served with mushroom sauce	22	24.45
PANKO PRAWN CUTLETS 4 x Prawn cutlets coated in panko breadcrumbs, golden fried. Served with lemon and tartare sauce	24	26.65

BREADS

	M	V
GARLIC COB (V) Sourdough cob, filled with a garlic and parmesan cheese butter	16	17.80
BACON AND CHEESE COB Sourdough cob hollowed out and oven baked, filled with a smokey bacon and cheese cream sauce	18	20
GARLIC PRAWN COB Sourdough cob hollowed out and oven baked, filled with a garlic prawn cheesy cream sauce	22	24.45



Yummy!



Love it

M - MEMBER V - VISITOR

ENTREES

OYSTERS

M V

NATURAL OYSTERS (GF)

½ Dozen fresh oysters, served chilled with lemon wedges	26	28.90
1 Dozen fresh oysters, served chilled with lemon wedges	42	46.65

KILPATRICK OYSTERS (GF)

½ Dozen fresh oysters, topped with bacon & Kilpatrick sauce Oven baked. Served with lemon wedges	31	34.45
1 Dozen fresh oysters, topped with bacon & Kilpatrick sauce Oven baked. Served with lemon wedges	54	60

WASABI AND SOY OYSTERS (GF)

½ Dozen fresh, chilled oysters finished with a wasabi & mushroom soy sauce. Served with lemon wedges	31	34.45
1 Dozen fresh, chilled oysters finished with a wasabi & mushroom soy sauce. Served with lemon wedges	54	60

SALADS

TUSCAN PUMPKIN SALAD (V, GF)

Mesclun lettuce, tomato, olives, tuscan pumpkin, feta cheese, beetroot curls, and a balsamic reduction	20	22.20
--	----	-------

CAESAR SALAD

Cos lettuce, crispy bacon, parmesan cheese, garlic croutons, caesar dressing and a boiled egg	20	22.20
---	----	-------

BEEF AND CRISPY NOODLE SALAD (GF)

Marinated beef strips, mesclun lettuce, sliced cabbage, red onion, carrot sticks, crispy vermicelli noodles and a sweet soy and sesame dressing	24	26.65
---	----	-------

SALAD EXTRAS

FANNED AVOCADO (V, GF)

	4	4.45
--	---	------

GRILLED CHICKEN BREAST (GF)

	10	11.10
--	----	-------

BEEF STRIPS (GF)

	10	11.10
--	----	-------

LIME AND PEPPER CALAMARI (GF)

	12	13.35
--	----	-------

PASTAS

VEGETARIAN (V)

Onion, garlic, pumpkin, tomato, mushrooms, spinach, olive oil tossed linguini, finished with feta cheese	22	24.45
--	----	-------

BOLOGNESE

Linguini, beef mince simmered in a rich tomato sauce with Italian herbs, topped with parmesan cheese	24	26.65
--	----	-------

PRAWN AND CHORIZO

Linguini, prawns, chorizo sausage, red onion, garlic & chilli simmered in a rich tomato sauce, topped with pamesan cheese	33	36.65
---	----	-------

SANDWICHES

M V

TOASTED SANDWICHES

Your choice of 3 fillings including: Ham, chicken, boiled egg, sliced tomato, beetroot, red onion, lettuce, cheese, carrot, cucumber with your choice of aioli, BBQ, tomato or chilli jam sauce	8	8.90
---	---	------

FRESH SANDWICHES

Your choice of 3 fillings including: Ham, chicken, boiled egg, sliced tomato, beetroot, red onion, lettuce, cheese, carrot, cucumber with your choice of aioli, BBQ, tomato or chilli jam sauce	8	8.90
---	---	------

STEAK SANDWICH

Thick cut bread, grilled rib fillet, lettuce, tomato slices, fresh beetroot, cheese, caramelized onion, and BBQ sauce. Served with chips	22	24.45
--	----	-------

CHICKEN CLUB

Turkish bread, grilled chicken breast, bacon, lettuce, tomato slices & garlic aioli. Served with chips	22	24.45
--	----	-------

KIDS

Served with kids post-mix and icecream

CHICKEN NUGGETS AND CHIPS

	14	15.55
--	----	-------

BOLOGNESE PASTA

	14	15.55
--	----	-------

GRILLED CHICKEN AND MASH POTATO (GF)

	14	15.55
--	----	-------

CHEESE PIZZA AND CHIPS

	14	15.55
--	----	-------

CRUMBED FISH AND CHIPS

	14	15.55
--	----	-------

CRUMBED STEAK AND CHIPS

	14	15.55
--	----	-------

KIDS ROAST AND MASH POTATO (GF)

	14	15.55
--	----	-------

Members can receive 1 x free kids meal with the purchase of 1 x main meal for lunch and dinner in the bistro.

*Available Wednesdays

*Only for kids under 12 years

LIGHT MEALS

MAINS

	M	V
CRUMBED EGGPLANT (V) In-house crumbed eggplant, served with your choice of 2x sides	20	22.20
EGGPLANT PARMIGANA (V) Crumbed eggplant topped with napoli sauce and cheese Served with your choice of 2x sides	22	24.45
ROAST OF THE DAY (GF) Roast of the day, served with steamed vegetables, roasted vegetables and gravy	24	26.65
CRUMBED STEAK OR CHICKEN In-house crumbed steak or crumbed chicken breast served with your choice of 2x sides	24	26.65
CRUMBED BARRAMUNDI (GF) In-house crumbed fish fillet served with lemon & tartare sauce and your choice of 2x sides	26	28.90
MOROCCAN GRILLED CHICKEN Topped with fanned avocado and bearnaise sauce *(GF) without Bernaise. Served with your choice of 2x sides	28	31.10
CHICKEN PARMIGIANA Crumbed chicken topped with napoli sauce, cheese and bacon. Served with your choice of 2x sides	28	31.10
LIME & PEPPER CALAMARI (GF) Squid strips dusted in a lime and pepper mix, golden fried. Served with chilli jam and lemon wedges. Served with your choice of 2x sides	30	33.35
200G RUMP STEAK (GF) Served with your choice of 2x sides	31	34.45
GRILLED BARRAMUNDI FILLETS (GF) Grilled barramundi fish fillets, with tartare sauce & lemon wedges Served with your choice of 2x sides	32	35.55
GARLIC PRAWNS (GF) Simmered in a garlic cream sauce, served with steamed rice & lemon	34	37.80
CHILLI PRAWNS (GF) Simmered in a chilli cream sauce, served with steamed rice & lemon	34	37.80
300G SIRLOIN STEAK (GF) Served with your choice of 2x sides	40	44.45
400G RUMP STEAK (GF) Served with your choice of 2x sides	42	46.65
COLLOSSAL 1KG CRUMBED STEAK served with chips, salad & a bucket of sauce	56	62.20
SEAFOOD TOWER FOR TWO Grilled barramundi fillet, 4 x panko crumbed prawns, lime & pepper calamari, 6 x oysters (2 x natural, 2 x Kilpatrick, 2 x wasabi and soy), lemon wedges, garlic aioli and tartare. Served with chips and salad	82	91.10

SIDES

	M	V
BREAD ROLLS (V)	0.75	0.85
SMALL CHIPS (V)	6	6.65
LARGE CHIPS (V)	12	13.35
MASH POTATO (V, GF)	6	6.65
STEAMED VEGETABLES (V, GF)	6	6.65
ROASTED VEGETABLES (V, GF)	6	6.65
GARDEN SALAD (V, GF)	6	6.65

TOPPINGS

CARAMELIZED ONION (V)	3	3.35
FANNED AVOCADO (V, GF)	4	4.45
2 x FRIED EGGS (GF)	4	4.45
GRILLED CHICKEN (GF)	10	11.10
BEEF STRIPS (GF)	10	11.10
6 x GRILLED GARLIC PRAWNS (GF)	12	13.35
LIME & PEPPER CALAMARI (GF)	12	13.35

SAUCES

2.50 2.80

Traditional gravy, Mushroom gravy, Diane, Pepper gravy, Garlic cream, Bearnaise, Tomato, BBQ, Aioli



DESSERTS

Our range of desserts are located in the cake fridge at the bistro.

DIETARY TERMS

(V) Vegetarian (GF) Gluten Free

MAIN MEALS