

# THE BISTRO



## DINING HOURS

|           |                              |
|-----------|------------------------------|
| MONDAY    | 12PM - 2PM & 5:30PM - 8:30PM |
| TUESDAY   | 12PM - 2PM & 6PM - 8:30PM    |
| WEDNESDAY | 12PM - 2PM & 6PM - 8:30PM    |
| THURSDAY  | 12PM - 2PM & 6PM - 8:30PM    |
| FRIDAY    | 12PM - 2PM & 6PM - 8:30PM    |
| SATURDAY  | 12PM - 2PM & 6PM - 8:30PM    |
| SUNDAY    | 12PM - 2PM & 6PM - 8:30PM    |



# BREADS TO START

|   | M    | V    |
|---|------|------|
| <b>GARLIC BAGUETTE</b> <sup>Ⓥ</sup>   | 7    | 8    |
| Baguette - spread with garlic butter and oven baked   |      |      |
| <b>GARLIC, CHEESE &amp; BACON BAGUETTE</b>  | 10.5 | 11.5 |
| Baguette - spread with garlic butter, bacon, cheese and oven baked  |      |      |
| <b>CHILLI &amp; FETA BAGUETTE</b> <sup>Ⓥ</sup>  | 11   | 12.5 |
| Garlic baguette topped with fresh chilli, coriander, red onion, and feta cheese baked to perfection.  |      |      |
| <b>PEPPERONI &amp; CHEESE BREAD ROLLS</b>   | 12   | 13.5 |
| Pepperoni and cheese baked into house made bread rolls served with tomato chutney.  |      |      |
| <b>BASIL, OLIVE &amp; SUNDRIED TOMATO BREAD</b> <sup>Ⓥ</sup>  | 11   | 12.5 |
| House made bread layered with basil, olives, sun dried tomato accompanied with a cream cheese and chive spread.                                     |      |      |
| <b>BREAD SHARE PLATTER</b>  | 32   | 36   |
| Includes bread options on one plate: Garlic Baguette, Chilli & Feta Baguette, Pepperoni & Cheese Bread Rolls & Basil, Olive & Sundried Tomato Bread |      |      |

# ENTREES

|   | M   | V    |
|---|-----|------|
| <b>GRILLED HALLOUMI</b> <sup>Ⓥ</sup> <sup>GF</sup>  | 14  | 16   |
| Halloumi cheese grilled served with tomato, red onion and spinach salad and lemon wedges.                                   |     |      |
| <b>BEEF &amp; GALLANGAL SOUP</b> <sup>GF</sup>  | 9.5 | 11.5 |
| Beef pieces, Kafia lime, galangal, coriander, mild chilli, and noodles simmered in a master stock served with a bread roll. |     |      |
| <b>PRAWN &amp; SESAME ROLL</b>  | 16  | 18   |
| Prawn and sesame farce rolled in wonton pastry and golden fried served with a sweet soy sauce.                              |     |      |
| <b>LEMON CHICKEN SKEWERS</b> <sup>GF</sup>  | 15  | 17   |
| Chicken pieces, pineapple, tomato, capsicum, and shallots on a bamboo skewer drizzled with a lemon sauce                    |     |      |
| <b>LIME &amp; PEPPER CALAMARI</b> <sup>GF</sup>   | 16  | 18   |
| Calamari strips coated with polenta, cornflour, lime, salt and pepper and aioli dipping sauce.                              |     |      |
| <b>CHICKPEA CASHEW PATTIES</b> <sup>Ⓥ</sup> <sup>GF</sup>   | 13  | 15   |
| Fresh herbs mixed cashews, chickpeas, and lentils grilled and accompanied a coconut red curry sauce.                        |     |      |

# SALADS

add a little extra protein to your salad from the options below

|   | M  | V    |
|---|----|------|
| <b>AVOCADO &amp; FETA SALAD</b> <sup>Ⓥ</sup> <sup>GF</sup>  | 18 | 20   |
| Cos lettuce, avocado, feta, red onion, tomato and honey mustard dressing.   |    |      |
| <b>BEEF &amp; CRISPY NOODLES SALAD</b> <sup>GF</sup>  | 21 | 23.5 |
| Crispy noodles, onion, coriander, mild chilli, mixed lettuce, shallots, sautéed beef, coconut red curry dressing. |    |      |
| <b>CAESAR SALAD</b>   | 18 | 20   |
| Cos lettuce, croutons, crisp bacon, parmesan cheese, boiled egg, Caesar dressing.                                 |    |      |
| <b>GREEK SALAD</b> <sup>GF</sup>  | 18 | 20   |
| Mixed lettuce, tomato, onion, cucumber, carrot, feta, olives, balsamic reduction.                                 |    |      |

## A LITTLE ON TOP?

GRILLED CHICKEN — M: \$7 | V: \$9  
 GRILLED GARLIC PRAWNS (8) — M: \$12 | V: \$15  
 SAUTEED BEEF STRIPS — M: \$8 | V: \$10  
 AVOCADO — M: \$3 | V: \$5  
 FRIED EGGS — M: \$3 | V: \$5  
 GRILLED HALLOUMI — M: \$6 | V: \$8

# PASTA

|   | M    | V    |
|---|------|------|
| <b>BEEF BOLOGNAISE FETTUCINI</b>  | 20   | 23   |
| Minced beef simmered in a rich napoli sauce with garlic, and basil.                                 |      |      |
| <b>CARBONARA FETTUCINI</b>  | 22   | 25   |
| Traditional carbonara with bacon, garlic & cream, finished with coddled egg                         |      |      |
| <b>CHICKEN &amp; PEPPERONI FETTUCINI</b>  | 26   | 29   |
| Chicken pieces, garlic, pepperoni, red onion, olives and shallots served in a Napoli sauce.         |      |      |
| <b>HALLOUMI &amp; MUSHROOM FETTUCINI</b> <sup>Ⓥ</sup>   | 21.5 | 24.5 |
| Red onion, mushroom, fresh tomato, spinach, garlic, white wine, butter, and grilled haloumi cheese. |      |      |
| <b>SEAFOOD FETTUCINI</b>  | 27   | 30   |
| Calamari, fish, prawns, mussels, pan fried garlic, fresh tomato, shallots, white wine, butter.      |      |      |



# KIDS MEALS

12 YEARS & UNDER

served with kids post-mix, soft serve ice cream + activity pack

|   | M    | V    |
|---|------|------|
| <b>CHEESE PIZZA</b> <sup>Ⓥ</sup>                    | 11.5 | 12.8 |
| <b>CRUMBED CHICKEN TENDERS &amp; CHIPS</b>          |      |      |
| <b>CRUMBED BARRAMUNDI &amp; CHIPS</b>               |      |      |
| <b>CRUMBED STEAK &amp; CHIPS</b>                    |      |      |
| <b>GRILLED CHICKEN &amp; CHIPS</b> <sup>GF</sup>    |      |      |
| <b>GRILLED BARRAMUNDI &amp; CHIPS</b> <sup>GF</sup> |      |      |
| <b>SPAGHETTI BOLOGNAISE</b>                         |      |      |
| <b>MINI HOT DOGS &amp; CHIPS</b>                    |      |      |



DID YOU KNOW KIDS EAT FREE ON THURSDAYS IN THE BISTRO? ASK US HOW, MEMBERS ONLY

## SAUCES

- Gravy
- Diane Sauce
- Garlic Cream Sauce
- Pepper Sauce
- Chilli Hot Sauce
- Garlic Aioli

## SIDES

- Chips
- Mashed Potato
- Steamed Vegetables
- Garden Salad
- Caesar Salad

M - MEMBER

V - VISITOR

NOT A MEMBER OF SOUTHS CLUBS? JOIN AT RECEPTION OR AT THE TILL & SAVE!

# MAINS

M V

M V

All Mains served with two sides and your choice of sauce

|   |    |    |  |    |    |
|---|----|----|--|----|----|
| <b>CRUMBED STEAK</b><br>Made in house + crumbed to perfection   | 22 | 25 | <b>CRUMBED FISH</b><br>Made in house + crumbed to perfection   | 22 | 25 |
| <b>CRUMBED CHICKEN</b><br>Made in house + crumbed to perfection                                       | 22 | 25 | <b>BARRAMUNDI</b> <sup>GF</sup><br>Choice of Grilled or Battered   | 28 | 32 |
| <b>250G GRILLED CHICKEN</b> <sup>GF</sup><br>Marinated boneless chicken thighs grilled to perfection  | 26 | 29 | <b>SEAFOOD BASKET</b><br>Beer battered barramundi, lime & pepper calamari, crumbed prawn cutlets & beer battered seafood stick | 28 | 31 |
| <b>SOUTHERN FRIED CHICKEN</b><br>Chicken thighs dusted in Southern spices and fried till golden brown | 29 | 33 | <b>GARLIC OR CHILLI PRAWNS</b> <sup>GF</sup><br>Served with steamed rice, lemon wedges and shallot curls<br>Includes 1x side   | 32 | 36 |
| <b>TRADITIONAL ROAST OF THE DAY</b> <sup>GF</sup><br>Served with baked & steamed vegetables           | 22 | 25 |  |    |    |

M V

M V

Your choice of Crumbed Chicken or Crumbed Steak + includes your choice of two sides

|  |      |      |  |      |      |
|--|------|------|--|------|------|
| <b>TRADITIONAL PARMI</b><br>Napoli sauce, bacon and cheese   | 25   | 28   | <b>DO YOU AVO-CADO?</b><br>White sauce, avocado, spinach, red onion and cheese                 | 27.5 | 30.5 |
| <b>THE STING</b><br>White garlic sauce, spinach, fresh coriander, mild chilli red onion and cheese | 25.5 | 28.5 | <b>PEPPERONI PLEASER</b><br>Napoli sauce, pepperoni, fresh tomato, cheese and shallots.        | 27.5 | 30.5 |
| <b>PADDOCK GRAZER</b><br>White garlic sauce, mushroom, spinach, olives, tomato and cheese.         | 26   | 29   | <b>RASHER BASHER</b><br>Napoli sauce, beef bolognese, pepperoni, bacon, beef strips and cheese | 28   | 31   |
| <b>A LITTLE BEEFY</b><br>Napoli sauce, Beef, mushroom, shallots and Cheese                         | 27   | 30   | <b>THE REEF</b><br>White garlic sauce, prawns, fish, calamari, mussels, cheese and shallots    | 31   | 35   |
| <b>DOUBLE THE SCHNITZEL</b>  | 12   | 13.5 |  |      |      |

PARMI HOUSE



## FROM THE GRILL

M V

All Grill items served with two sides and your choice of sauce

|  |    |    |
|--|----|----|
| <b>200G RUMP STEAK</b> <sup>GF</sup>                     | 28 | 31 |
| <b>400G RUMP STEAK</b> <sup>GF</sup>                     | 39 | 42 |
| <b>300G SIRLOIN STEAK</b> <sup>GF</sup>                  | 34 | 37 |
| <b>400G T-BONE STEAK</b> <sup>GF</sup>                   | 42 | 45 |
| <b>SMOKEY BBQ PORK RIBS &gt; HALF RACK</b> <sup>GF</sup> | 30 | 33 |
| <b>SMOKEY BBQ PORK RIBS &gt; FULL RACK</b> <sup>GF</sup> | 41 | 44 |

### WANT A LITTLE EXTRA ON TOP?

|                           |    |    |
|---------------------------|----|----|
| GRILLED GARLIC PRAWNS (8) | 12 | 15 |
| AVOCADO                   | 3  | 5  |
| FRIED EGGS                | 3  | 5  |
| CARAMELIZED ONION         | 3  | 5  |

### SERVED WITH YOUR CHOICE OF SAUCE

Gravy, Diane, Pepper, Mushroom, Bearnaise, Creamy Garlic Sauce  
Chilli Hot Sauce, Garlic Aioli, Tomato Sauce or BBQ Sauce

<sup>GF</sup> GLUTEN FREE

<sup>V</sup> VEGETARIAN

LOVED YOUR EXPERIENCE?  
LEAVE US A REVIEW ON GOOGLE

### FOOD ALLERGIES & DIETARY REQUESTS

Whilst all care is taken when catering for special dietary requirements, it must be noted that within the premises we handle nuts, seafood, sesame seeds, shellfish, wheat flour, eggs, fungi and dairy products. Souths Leagues Club will cater to the customer requests to the best of our ability, although the decision to consume a meal is the responsibility of the diner.

**SOUTHS**

*your clubs, you're welcome*